

CYC Track is open to all students in K-8th. A CYC card is not required to run Track.

Preliminary Meet: April 25 at Trinity Catholic High School located at 1720 Redman Road, St. Louis, MO 63138 (9am-4pm)—NORTH COUNTY

We will bid for a spot at the Chaminade Meet on May 9 instead of the Trinity meet, but we do not have seniority.

Championship Meet: May 16 at Bishop DuBourg High School

Important things to know before registering:

Track Meets are all-day events. Your child might race at 9am, then 11am and then not again until 2pm. Due to the nature of a track meet, multiple events occur at the same time on different parts of the track. Parents, of younger children especially, **MUST** stay with their child(ren) and take him/her to the correct place on the track for the event. ****Please note the coach(es) will NOT be able to coordinate delivery of each child to each event.****

Track participants are categorized by gender, age and event. Children can compete in up to 3 events depending on the number of SDS track participants. **ALL** children participate at the preliminary track meet, however only the top 6 finishers of all heats for each event/gender/age qualify to move onto the Championship Meet on May 16.

Practices are to be determined, but will likely be held on Tuesday or Thursday on the SDS parking lot or Affton high school track. Depending on weather, practice may be cancelled on short-notice. One practice per week starting in mid-to-late March.

Thank you,
Julie Miles, coordinator: 314-807-1306
Richard and Connie Alonso, head coaches
Nicole Behnen, assistant coach and first aid

List of events:

50 meter, 100 meter, 200M, 400M, 800M, 1600M, 400 relay, 800 relay, shot put (older kids), softball throw (younger kids)